

# GAMEON FITNESS

PRESENTS

## *The Tassie Challenge*

Ok Boys it's time to dust off the kokoda gear and head south for another physical challenge.

Game On Fitness has put together a one week getaway to Tasmania's wilderness country. The trek will be a solid 5-6 day experience to Frenchman's Cap, hiking through some of the most rugged and picturesque parts of the Franklin Gordon Wild Rivers National Park.

Post trek blow out includes:

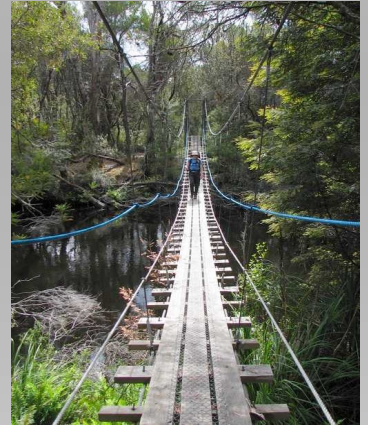
2 days of social activity in Launceston visiting the Tamar Valley Vineyards and heading to Aurora Stadium for the Brisbane Lions V's Hawthorn Game.

**We are taking only 10 trekkers**



### **Package includes "On the track"**

All trekking gear  
Food  
Transfers  
National Park Passes  
Waterproof Clothing  
(full list of tour inclusions on request)



### **"Off the track"**

Return airfares  
2 nights Launceston at Peppers Seaport Hotel plus breakfast  
2 dining packages  
Footy Hospitality package

**COST**

**\$3,450**

(Non Game On Fitness Members 10 week Training Package \$500)

**\$1,200 Deposit needed by the 9th of April**





# Itinerary

**Day 1 Sat:** Leave Brisbane Saturday 10th July 8.45am Arrive Hobart 11.35am  
Transfer from Hobart Airport/CBD to BCT for outfitting, etc (D)

**Day 2 Sun:** Transfer to Frenchman's Cap trailhead, commence walk  
to overnight campsite at Lake Vera (BLD)

**Day 3 Mon:** Walk to 2nd overnight campsite at Lake  
Tahune, climb to Frenchman's Cap (BLD)

**Day 4 Tues:** Base camp at 2nd overnight campsite, descend  
to Irenabyss on Franklin River and return (BLD)

**Day 5 Wed:** Lake Tahune to Lake Vera campsite (BLD)

**Day 6 Thur:** Lake Vera to trailhead, transfer to BCT for overnight  
accommodation (barbeque, clean up, etc) (BLD)

**Day 7 Fri:** Transfer from BCT to Launceston (Bf)  
(Country pub tour) Dinner and presentation Tammar Valley

**Day 8 Sat:** Lions v Hawthorn  
Saturday night dinner

**Day 9:Sun:** Depart Launceston 10.35am Home 1pm

\*\*BLD- Breakfast, Lunch, Dinner  
Bf- Breakfast  
BCT- Base Camp Tasmania

